

**INFANT JESUS CONVENT SCHOOL**  
**ANNUAL PLAN**  
**DANCE**  
**CLASS: 7<sup>th</sup>**

<b>MONTH/NO OF DAYS</b>	<b>TOPIC: SUB TOPIC</b>	<b>OBJECTIVES</b>	<b>AIDS/ACTIVITIES</b>	<b>MULTIPLE INTELLIGENCE SKILLS</b>	<b>LEARNING OUTCOME</b>
<p style="text-align: center;">APRIL No Of Days:18</p>	<ul style="list-style-type: none"> <li>*Patriotic Dance</li> <li>*Foot Work</li> <li>*History of Indian classical dance</li> </ul>	<p style="text-align: center;"><b>Students will be able to understand:</b></p> <ul style="list-style-type: none"> <li>*Classical Dance moves</li> <li>*Foot variations</li> </ul>	<p><b>KNOWLEDGE</b></p> <ul style="list-style-type: none"> <li>*Explain Classical Dance</li> <li>*Brief introduction about Natraj the lord of dance</li> </ul> <p><b>SKILL</b></p> <ul style="list-style-type: none"> <li>*Adaptability</li> <li>*Confidence</li> </ul> <p><b>APPLICATION</b></p> <p>Give examples of various famous dancers</p> <p><b>UNDERSTANDING</b></p> <p>Importance of Classical dance</p> <ul style="list-style-type: none"> <li>*Differentiate</li> <li>*Compare</li> </ul>	<ul style="list-style-type: none"> <li>*A learning experience with physical dance moves</li> <li>*Social experience</li> </ul>	<p style="text-align: center;">Students will be able to know about classical dance and their origin</p>

MAY No Of Days:14	*Regional dance basic steps *Namaskaram *Flat foot steps	<b>Students will be able to understand:</b> *Standing and sitting postures *What is rhythm *How to make formations	<b>KNOWLEDGE</b> *Memorize the steps *Identify the category of the dance  <b>SKILLS</b> *Dancing skills *Adaptability *Confidence  <b>APPLICATION</b> *Demonstrate *Practice the steps  <b>UNDERSTANDING</b> *Experiment *Contrast	*Linguistic *Interpersonal *Intrapersonal	Students will be able to: * Perform with expression *Know about rhythm

CONDUCTION OF PT-1 ASSESSMENT

JULY No Of Days:27	*Folk dance *Importance of expression *Heel foot steps	<b>Students will be able to understand:</b> *The meaning of the song and give expressions	<b>KNOWLEDGE</b> *Identify proper footwork *Folk dances and their states	*Physical experience *Social experience *Interpersonal	Students will be able to perform with expression and rhythm.
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		<p>accordingly</p> <p>*How to make formations</p>	<p><b>SKILL</b></p> <p>*Confidence</p> <p>*Adaptability</p> <p><b>APPLICATION</b></p> <p>*Demonstrate</p> <p>*Practice the steps</p> <p><b>UNDERSTANDING</b></p> <p>*Experiment</p> <p>*Contrast</p>		
<p>AUGUST</p> <p>No Of Days:23</p>	<p>*Patriotic dance- Namo namobharat</p> <p>*Foot variations</p> <p>*Single hand gestures</p>	<p><b>Students will be able to understand:</b></p> <p>*Actions with song hand and foot work</p> <p>*Sitting postures</p> <p>*Co-ordination</p>	<p><b>KNOWLEDGE</b></p> <p>*Relate the dance with nation</p> <p>*Identify proper footwork</p> <p><b>SKILL</b></p> <p>*Creative</p> <p>*Confidence</p> <p>*Adaptability</p> <p><b>APPLICATION</b></p> <p>*Practice the steps</p> <p>*Analysis the root of the dance</p>	<p>*Social experience</p> <p>*Physical experience</p> <p>*Linguistic</p>	<p>Students will be able to:</p> <p>*Make formations</p> <p>*Identify the hand gestures used in dance</p>

			<b>UNDERSTANDING</b> *Differentiate *Compare		
SEPTEMBER No Of Days: 05	*Dance based on seasons  *Medley compositions  *Taal- Dadra taal, Kaharwa taal	<b>Students will be able to understand:</b> *Match the steps *tempo *rhythm	<b>KNOWLEDGE</b> *Memorize the steps  *Identify proper expression and foot work  <b>SKILLS</b> *Adaptability  *Dancing skills  <b>APPLICATION</b> *Demonstrate *Analysis the root of the dance  <b>UNDERSTANDING</b> *Contrast *Differentiate *Compare	*Intrapersonal *A physical experience	Students will be able to: *Know the beats  *Proper hand movements

## CONDUCTION OF PT-2 ASSESSMENT

<p style="text-align: center;">OCTOBER No Of Days: 22</p>	<ul style="list-style-type: none"> <li>*Rajasthani folk dance</li> <li>*Ghoomer steps</li> <li>*Kalbeliya steps</li> </ul>	<p style="text-align: center;"><b>Students will be able to understand:</b></p> <ul style="list-style-type: none"> <li>*The difference between each regional dances</li> <li>*Match the steps               <ul style="list-style-type: none"> <li>*tempo</li> <li>*rhythm</li> </ul> </li> </ul>	<p style="text-align: center;"><b>KNOWLEDGE</b></p> <ul style="list-style-type: none"> <li>*Memorize the steps</li> <li>*Identify proper expression and foot work</li> </ul> <p style="text-align: center;"><b>SKILLS</b></p> <ul style="list-style-type: none"> <li>*Adaptability</li> <li>*Dancing skills</li> </ul> <p style="text-align: center;"><b>APPLICATION</b></p> <ul style="list-style-type: none"> <li>*Demonstrate</li> <li>*Analysis the root of the dance</li> </ul> <p style="text-align: center;"><b>UNDERSTANDING</b></p> <ul style="list-style-type: none"> <li>*Contrast</li> <li>*Differentiate</li> <li>*Compare</li> </ul>	<ul style="list-style-type: none"> <li>*Social experience</li> <li>*Intrapersonal</li> <li>*A physical experience</li> </ul>	<p style="text-align: center;">Students will be able to:</p> <ul style="list-style-type: none"> <li>*Know the beats</li> <li>*Proper hand movements</li> </ul>
<p style="text-align: center;">NOVEMBER No Of Days: 23</p>	<p style="text-align: center;">Dance based on Indian soldiers</p> <ul style="list-style-type: none"> <li>*Types of rhythm</li> <li>*Clapping according to the taal/beats</li> </ul>	<p style="text-align: center;"><b>Students will be able to understand:</b></p> <ul style="list-style-type: none"> <li>*Types of taals</li> <li>*Difference between single hand and</li> </ul>	<p style="text-align: center;"><b>KNOWLEDGE</b></p> <ul style="list-style-type: none"> <li>*Memorize the steps</li> <li>*Identify the category of the dance</li> </ul>	<ul style="list-style-type: none"> <li>*Dancing Experience</li> <li>*Interpersonal</li> <li>*Intelligence</li> </ul>	<p style="text-align: center;">Students will be able to:</p> <ul style="list-style-type: none"> <li>*Understand how to dance with confidence</li> <li>*Count the taal</li> </ul>

	<p>*Three speeds of taal</p>	<p>double hand gestures</p> <p>*Meaning of slokas</p>	<p><b>SKILLS</b></p> <ul style="list-style-type: none"> <li>*Creative</li> <li>*Confidence</li> <li>*Adaptability</li> </ul> <p><b>APPLICATION</b></p> <ul style="list-style-type: none"> <li>*Demonstrate</li> <li>*Contrast</li> </ul> <p><b>UNDERSTANDING</b></p> <ul style="list-style-type: none"> <li>*Experiment</li> <li>*Confidence</li> <li>*Differentiate</li> </ul>		<p>beats in hand</p>
<p>DECEMBER</p> <p>No Of Days: 11</p>	<p>*Christmas dance in English</p> <p>*Hindi prayer dance: Ek tu hi bharosa</p>	<p><b>Students will be able to understand:</b></p> <p>*The meaning of the song and give expressions accordingly</p> <p>*Make formations</p>	<p><b>KNOWLEDGE</b></p> <ul style="list-style-type: none"> <li>*Relate the dance with God</li> <li>*Memorize the steps</li> <li>*Identify proper expression and foot work</li> </ul> <p><b>SKILLS</b></p> <ul style="list-style-type: none"> <li>*Adaptability</li> <li>*Dancing skills</li> </ul>	<p>*Intrapersonal</p> <p>*A physical experience</p>	<p>Students will be able to:</p> <ul style="list-style-type: none"> <li>*Know the beats</li> <li>*Proper hand movements</li> </ul>

			<p><b>APPLICATION</b></p> <ul style="list-style-type: none"> <li>*Demonstrate</li> <li>*Analysis the root of the dance</li> </ul> <p><b>UNDERSTANDING</b></p> <ul style="list-style-type: none"> <li>*Contrast</li> <li>*Differentiate</li> <li>*Compare</li> </ul>		
CONDUCTION OF PT-3 ASSESSMENT					

<p>JANUARY</p> <p>No Of Days: 21</p>	<ul style="list-style-type: none"> <li>*Dance on Bawre folk song</li> <li>*Patriotic dance</li> <li>*Sitting postures</li> </ul>	<p><b>Students will be able to understand:</b></p> <ul style="list-style-type: none"> <li>*How to act through dance</li> <li>*How to give expression according to the song</li> </ul>	<p><b>KNOWLEDGE</b></p> <ul style="list-style-type: none"> <li>*How to walk in rhythm</li> <li>*How to make formations</li> <li>*Relate the song with almighty God</li> </ul> <p><b>SKILLS</b></p> <ul style="list-style-type: none"> <li>*Confidence</li> <li>*Performance</li> <li>*Intelligence skill</li> </ul> <p><b>APPLICATION</b></p> <ul style="list-style-type: none"> <li>*Demonstrate</li> <li>*Compare</li> </ul>	<ul style="list-style-type: none"> <li>*Social experience</li> <li>*Physical experience</li> <li>*Dancing intelligence</li> </ul>	<p>Students will be able to:</p> <ul style="list-style-type: none"> <li>*Know the proper expression</li> <li>*Make formations</li> </ul>
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			<p>*Practice the steps</p> <p><b>UNDERSTANDING</b></p> <ul style="list-style-type: none"> <li>*Contrast</li> <li>*Experiment</li> </ul>		
<p>FEBRUARY</p> <p>No Of Days: 22</p>	<ul style="list-style-type: none"> <li>*Revision</li> <li>*Dance related to the Indian cultures and heritage</li> <li>*Heel foot steps in three speeds</li> </ul>	<p><b>Students will be able to understand:</b></p> <ul style="list-style-type: none"> <li>*Beat pattern of the steps</li> <li>*How to walk in rhythm</li> <li>*What is laya</li> </ul>	<p><b>KNOWLEDGE</b></p> <ul style="list-style-type: none"> <li>*List the favorite dance songs</li> <li>*Memorize the words and steps</li> </ul> <p><b>SKILLS</b></p> <ul style="list-style-type: none"> <li>*Adaptability</li> <li>*Dancing Skills</li> <li>*Confidence</li> </ul> <p><b>APPLICATION</b></p> <ul style="list-style-type: none"> <li>*Practice the dance</li> <li>*Demonstrate</li> </ul> <p><b>UNDERSTANDING</b></p> <ul style="list-style-type: none"> <li>*Contrast</li> <li>*Expression</li> </ul>	<ul style="list-style-type: none"> <li>*Social experience</li> <li>*Interpersonal</li> <li>*Physical experience</li> </ul>	<p>Students will be able to:</p> <ul style="list-style-type: none"> <li>*Know the proper expression</li> <li>*Make formations</li> <li>*Tree speeds of laya</li> </ul>
MARCH	FINAL ASSESMENT				



